

FOR GUYS: RELATIONSHIP ADVICE

THE **HOPE** LINE



TheHopeLine.com

Trying to understand the opposite sex can be one of the most frustrating of life's experiences. There's an undeniable desire for a strong connection between a guy and a girl. This is in God's design. Yet often times it seems like there's a huge gap between the two of them. This gap has caused confusion, awkwardness, frustration, hurt feelings and many a sleepless night. Girls want to know what guys think and why they do what they do. Guys are in the same boat.



This Guide is **written for men trying to understand and relate better to women**. The book attempts to shed some light on the differences and address how we can narrow that gap between the sexes.

Here are insights into



15 of the
most asked
questions

guys have about understanding
girls from “What turns a girl off?”
to “How to show a girl you really
love her?” and ***everything
in between.***

When you really like a girl what should you do?

How do you get to know a girl?



What turns a girl off when you are pursuing her?



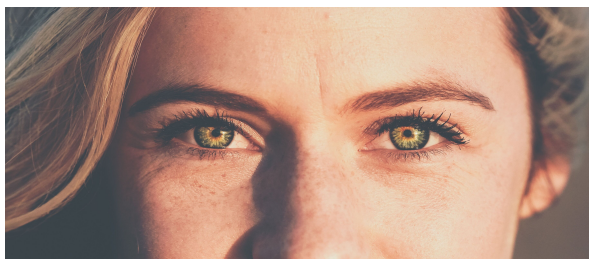
How to understand the mind games?



Signs to stop pursuing a girl.



How to let a girl down?



How to tell if a girl wants to be more than friends?



Why do girls go for
the bad guys?



Why does
my
girlfriend
get jealous
when I talk
to other
girls?

Why does
my
girlfriend
question if
I love her?

Why does
my
girlfriend
seem
bored?



Why
do
girls
hide
their
true
feelings?



Why are
girls more
emotional?



How to
respect a
girl?

Why do
girls put
themselves
down?





HOW DO YOU GET TO KNOW A GIRL?

To begin with, you need to be willing to take a risk and reach out and try to become friends. It is easy to be afraid of rejection even on a friend level. So approach the girl you want to be friends with confidently. Not cocky, but just self-assured that you know who you are as a person and you like yourself. If you know in your heart that you are a good person who is loved by God and others, what this one girl thinks of you will not define you when you approach her. Confidence will also help you relax. (For help with this check out our [Self-Worth Guide](#).)

After this, it's simply a matter of taking an interest in things the other person is interested in, sharing pieces of your life with her, and most importantly, letting time develop the relationship naturally.

When you really like a girl, what should you do?

Most girls love to be pursued by a guy, or viewed as someone special. Most of the time they appreciate a guy's persistence and confidence. But more than anything, a girl wants to be respected and valued. The more respect you can show as you pursue her, the better.

A good way to show a girl you are interested in her is by not trying to rush into anything, but find a point of interest you can connect with her on. Be yourself, and be relaxed in your pursuit of your dream girl.





If the girl you really like is just getting out of a relationship, especially a rough one...

Here are 3 things to keep in mind:

- Take it slow.
- Start by being her friend, not her boyfriend.
- Give her time to heal before starting a relationship with her.

WHAT TURNS A GIRL OFF WHEN YOU ARE PURSUING HER?



Being desperate is a definite turn off to most girls. Don't give her presents or tell her you love her before you even know her. Don't act like your entire happiness depends on her realizing how wonderful you are. The less desperate you appear, and the more willing you are to let a relationship happen naturally, the better your chances of having a relationship with any girl will be.

Other things that will turn a girl off are lingering a bit too long or too near her, overstepping personal

boundaries, spying on her, not being able to look her in the eye when you talk to her, "teasing" that is disrespectful, and putting yourself down.

HOW TO UNDERSTAND THE MIND GAMES?

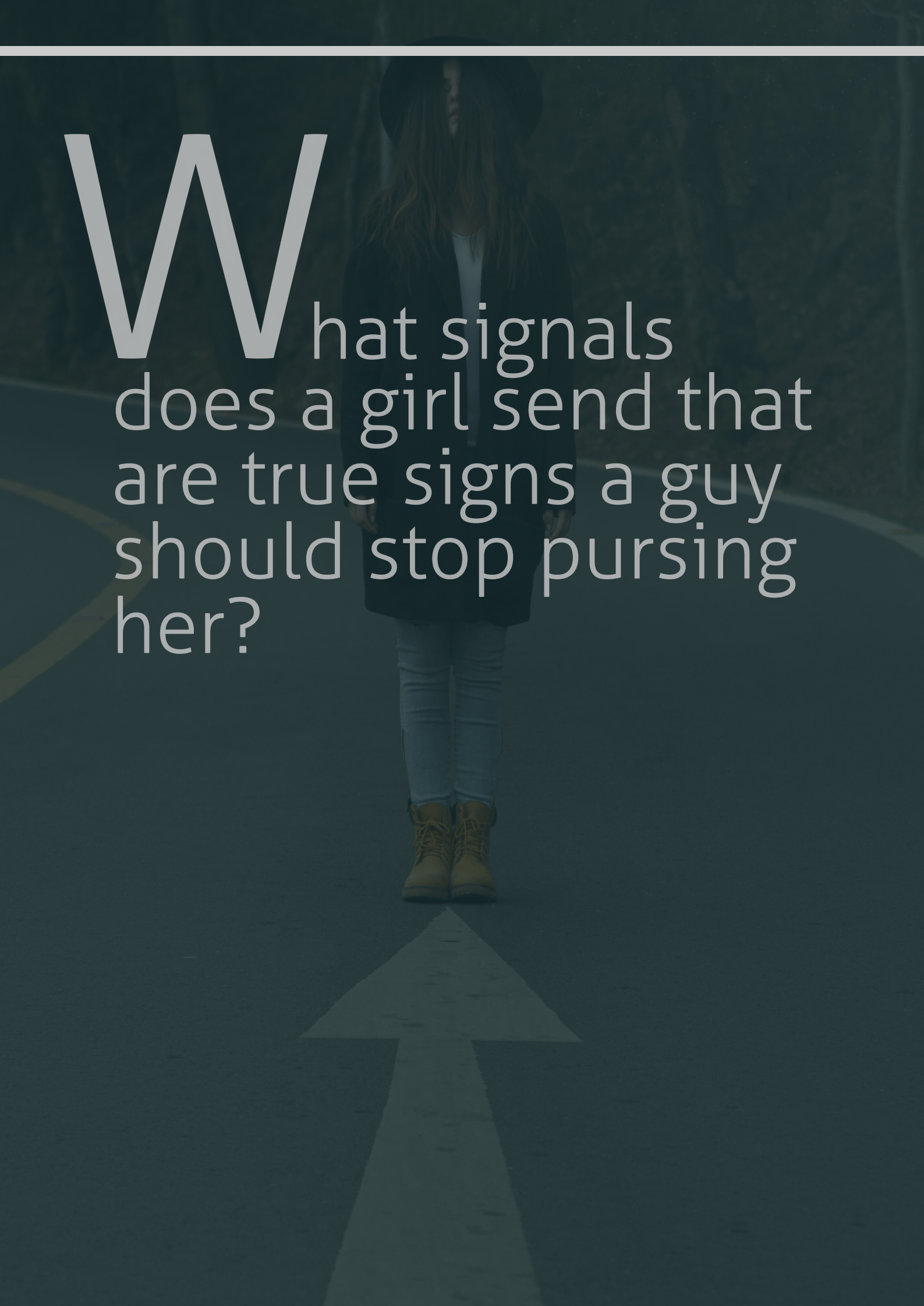
Ever had it where a girl flirts with you one minute and completely ignores you the next?

First, you need to figure out if you are dealing with a professional flirt. Some girls send mixed signals because they like to, and they're good at it. For them, it's a power and ego trip. They'll play the game with just about anybody because they're hooked on the game. You need to avoid flirt addicts at all costs.

You also need to be careful to not read too much into the signals you pick up from girls. Just because she smiles at you doesn't mean she wants to go out with you.

However, sometimes what seems like a mind-game is simple a lack of clear communication. You can imagine all kinds of crazy things are going on in a girl's head, when in fact, she may simply be distracted by a problem she is facing. The only way you can truly clear up the confusion is to talk about it.



A woman with long brown hair, wearing a black wide-brimmed hat, a black coat over a white top, light blue jeans, and tan boots, stands in the center of a dark road. A large, light-colored arrow is painted on the road, pointing directly at her. The background is dark and out of focus, suggesting a wooded area. The text 'What signals does a girl send that are true signs a guy should stop pursuing her?' is overlaid in white, with the first letter 'W' being significantly larger than the rest of the text.

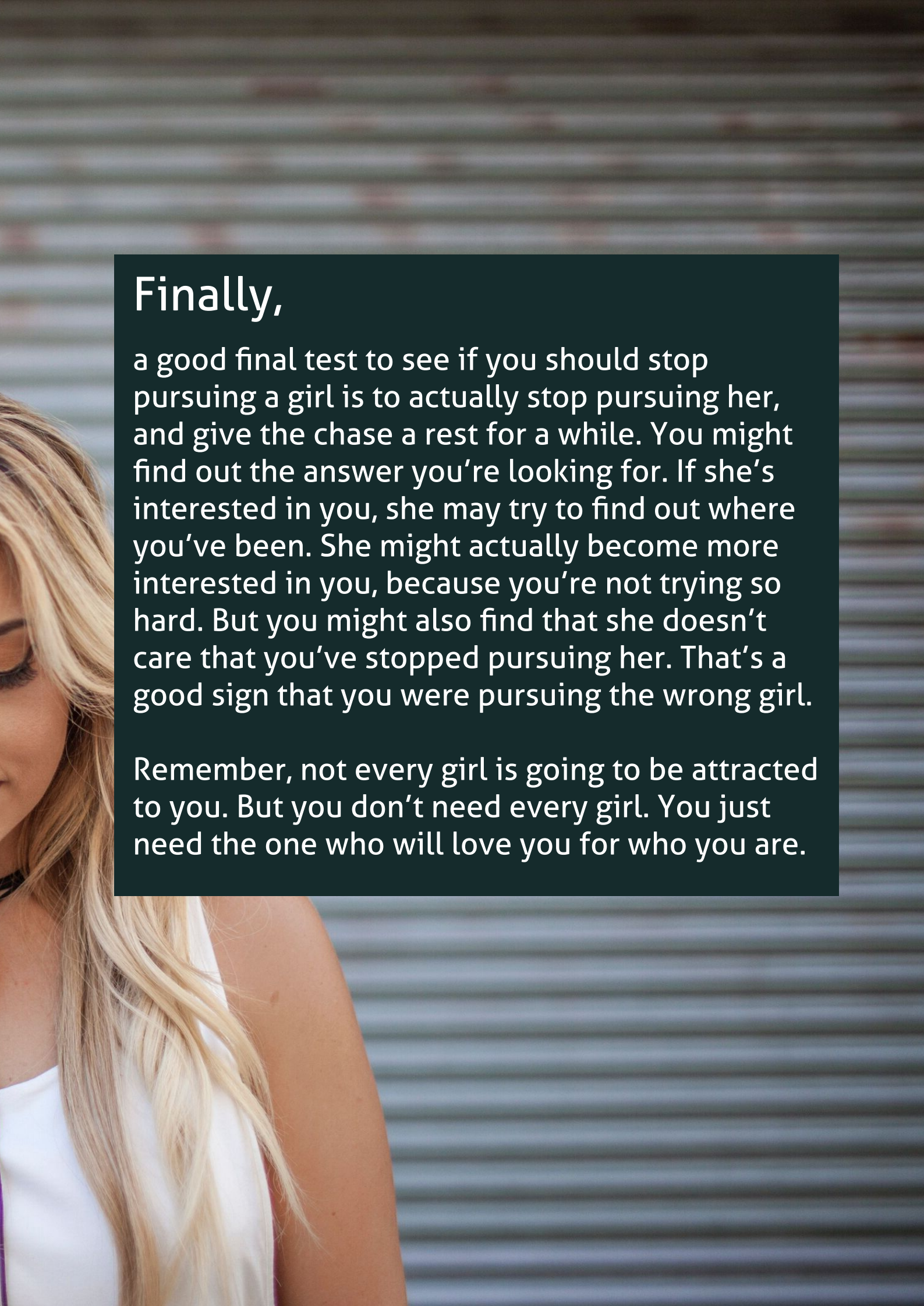
What signals
does a girl send that
are true signs a guy
should stop pursuing
her?

Signs to stop pursuing:

- She seems to ignore you when you show an interest in her.
- She stops responding to your calls and messages.
- She tells you you're coming on too strong.
- She talks to you about another guy she's interested in.

Other signs you should stop pursuing a girl:

- Your friends tell you to move on.
- Your self-esteem starts to suffer.
- You start to think you are going crazy about the whole situation.
- You're wondering if you should stop pursuing her...then it's probably time.



Finally,

a good final test to see if you should stop pursuing a girl is to actually stop pursuing her, and give the chase a rest for a while. You might find out the answer you're looking for. If she's interested in you, she may try to find out where you've been. She might actually become more interested in you, because you're not trying so hard. But you might also find that she doesn't care that you've stopped pursuing her. That's a good sign that you were pursuing the wrong girl.

Remember, not every girl is going to be attracted to you. But you don't need every girl. You just need the one who will love you for who you are.



How do you let a girl down without hurting her feelings too much?

Most guys will just brush the girl off, and ignore her, neglecting any kind of future contact with her. This is a pretty sad treatment of women. So here's a few pointers for how to respectfully let a girl know you are not interested:

- Keep it simple. Don't make a big deal about it..you'll only make her feel uncomfortable.
- Sometimes the best way is to be as honest as possible. You can tell her you're flattered and you appreciate her kindness toward you. And then just say you're not as attracted to her as you'd like to be toward someone you'd like to date.
- If you want to be friends with her and nothing more intimate, tell her. But don't tell her you want to be friends with her if you really don't. Don't lead her on.

How can you tell if a girl wants to be more than just friends?



If you have a hint the girl who is your friend has deeper affection for you, then take it upon yourself to gently and carefully find out. Start by taking an interest in what's going on with the details of her life, and see how she responds. If she seems open about sharing her heart with you, that's a sign of trust. Trust is a valuable quality in any relationship.

You might also want to tell her a few things like, "I really appreciate you," "Spending time with you really means a lot to me," and see how she responds. Sometimes she will say the very same thing back to you. If this happens, then you have a good indicator that she's probably feeling some of the same emotions you're feeling. If you gently, lovingly and openly lead with your own emotions, your friend will in time, respond.

Why do girls often go for the “bad guy”?

Women love a challenge. They also love a man with a great amount of confidence. They value strength and the thought that their man will protect them in a dangerous situation. While everyone is different, these are some of things that women are drawn towards. Unfortunately, many guys who exhibit these characteristics can take them to the extreme and be self-centered, demanding and even abusive.

If you're one of the nice guys, this does NOT mean you should become mean or careless. But you may increase your attractiveness to some women by increasing the confidence you have in yourself. Move confidently toward the things you are interested in, and excel at those things. Remember, the more confident you become, the more attractive you are.

However, for some women their attraction to abusive men stems from growing up in a dysfunctional home. It's all they know and they have been beaten down so much they feel they only deserve an abusive guy. It's sad because they don't know they deserve so much more.



Why

does my girlfriend question if I really love her? And how can I assure her that I do?



It's sometimes easy to assume the person you love knows how you feel. Most guys don't understand the power of words and the needs of some women for more assurance. In your mind, you told her you loved her three months ago, so she certainly remembers that, right? Sure, but she likely needs to hear it again.

Here are just a few simple ideas you can do to communicate your affection for her. If you truly love her you will be willing to do these selfless things. Spend time with her, take an interest in the details of her life, smile, make eye contact, truly listen to her, buy her gifts from time to time it doesn't matter the size or price, it truly is the thought that counts, invite her to be a part of events with your other friends and family, surprise her with a special date night, help her with some of the everyday chores she faces, be more open about how you feel she wants to know what's going on in your head and heart.

You also should take into consideration her love language as well as telling her what your love language is. If you don't know your love language, then take the love language quiz here (and have him do the same)!

A lot of times, both males and females tend to try to love each other with their own love language and not that of their partner. We need to help each other by explaining to them what our love languages are, then we will be better equipped to know how to show each other love.

Why

does my
girlfriend get
jealous
when I talk to other
girls?



Jealousy is the kind of emotional disease that strikes both sexes and is unfortunately very common. Most times, jealousy is an emotional reaction based on selfishness, fear and insecurity. A jealous person imagines their boyfriend could leave at any time, and the thought of that scares them to death and can leave them almost emotionally irrational. However, other times, you might be overstepping your boundaries of what's appropriate with someone of the opposite sex who you're not dating.

Don't give your girlfriend reasons to feel jealous. If someone else is flirting with you, you can still be polite, but you don't have to flirt back. If your girlfriend does react jealously to something you do, decide to address it soon after it happens. It's always good to seek clarity when something comes up that's a threat to your relationship. And most importantly, make sure your girlfriend knows how much they mean to you. Give them reason to trust you.

Why does she seem bored in the relationship?

It takes a lot of work to keep a relationship fresh, interesting, and growing. This is true whether you are married or just dating. It's so easy to get stuck in a rut of doing the same things over and over. Most people spend most of their free time on the couch in front of the television and call it a life. They lose sight of the fact there are so many different and exciting options of how to spend their time.

Surprise your girlfriend by going with her to new places, experiencing with her new things, and talking about interesting things. Take up a hobby or volunteer work together. There are so many things you can do together to breathe new life into what might currently feel boring.



Why do girls sometimes hide their true feelings and not speak their minds?

This question can go both ways....women often wonder why men don't speak their minds as well. Here may be one explanation:

Our deepest desire is to love someone who knows everything about us and still loves us. It would stand to reason then, our biggest fear is someone would know all about us, and reject us. At some moments, we may be willing to show who we are and at other times, we may cover up what we think might not be met with approval of the person of the opposite sex.

It's important you express your commitment to her when she reveals vulnerable areas of her life. Tell her how much you care about her, and how you desire to understand her better. And tell her if you're feeling confused about what she really means, instead of just walking away. Remember, women long to be listened to.

Why are girls so much more emotional than guys?



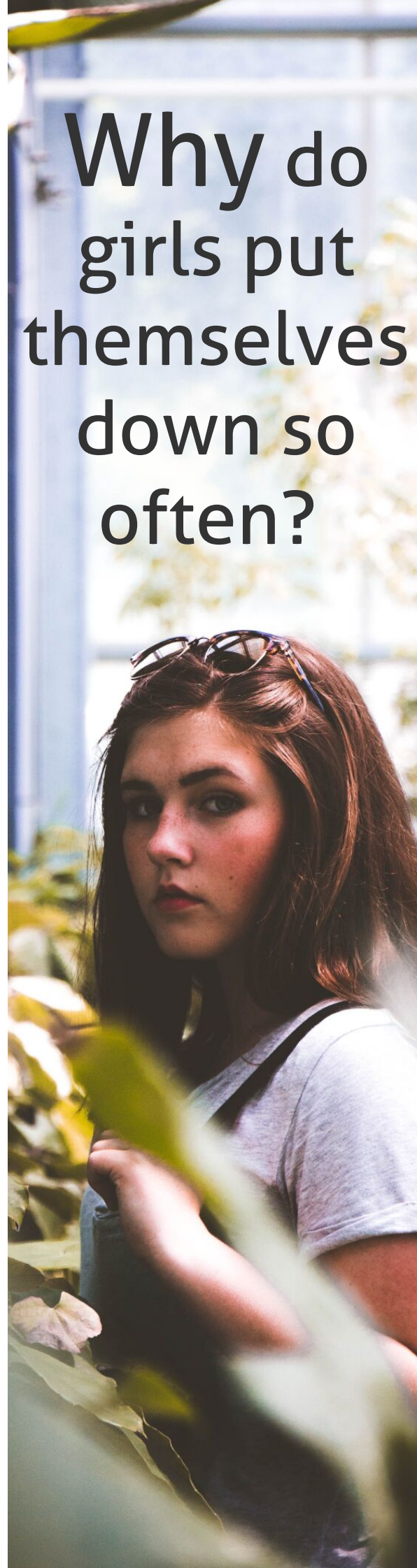
Unfortunately, society has told men it's a sign of weakness to express their feelings, while it's much more socially acceptable for women to talk about their feelings. So they do. Women are more prone to talk about what they are thinking and feeling, and to demonstrate how they are feeling with their tears, facial expressions, hand gestures, and body language. Many women seem to be more comfortable figuring out how they feel by talking through it.

There's nothing wrong with women being more emotional. Each person brings who they are, including their masculinity or femininity, to a relationship and that helps balance it out.

Most women love to feel beautiful. They can spend hundreds of dollars on clothes, makeup and jewelry all because it makes them feel more attractive. Plus, society tells them over and over again, unless they look a certain way they are an inferior product. Not everyone can meet the high standards of the magazine covers and advertisers.

Many girls focus on getting people to tell them that they are valuable. And they find value in their looks so they find it effective to cut themselves down, just so they can hear someone disagree with them. It's a way of forcing a compliment out of someone. Before long, the person can't ever say anything positive about themselves. Your role as a man, if you're dating someone, is to let your girlfriend know with your words how beautiful she is, inside and out. And you will have given her a priceless boost to her self-esteem. Help them also realize how much you appreciate inner beauty...such things as love, kindness, compassion, creativity, and sensitivity. Many young women neglect developing the inner beauty while working only on the outer shell of their physical being.

Why do girls put themselves down so often?



**HOW DOES A GUY
SHOW RESPECT TO A
GIRL?**

- **He talks with her in a courteous way.** He doesn't swear, tell dirty jokes, or use filthy words around her. Making jokes about her body, is never appropriate.
- **He will never try to take advantage of her sexually.** Respect the boundaries she has set.
- **He gives her time and attention.**
- **He doesn't flirt with other girls.**
- **He points out her strengths.**
- **He shows respect for her family and her friends.**
- **He helps her to feel welcome and comfortable in a group of other people, especially in a group of guys.**
- **He is trustworthy.** Keep your word and do what you say.

He trusts her. Don't check up on her constantly.



God created males and females with very unique characteristics and when a man and woman are brought together in a relationship, they should be better together than apart...their unique characteristics should compliment each other.

This doesn't always mean it will be easy, but the work is worth the reward. The Bible gives clear instructions on how to love on another. It is certainly worth striving

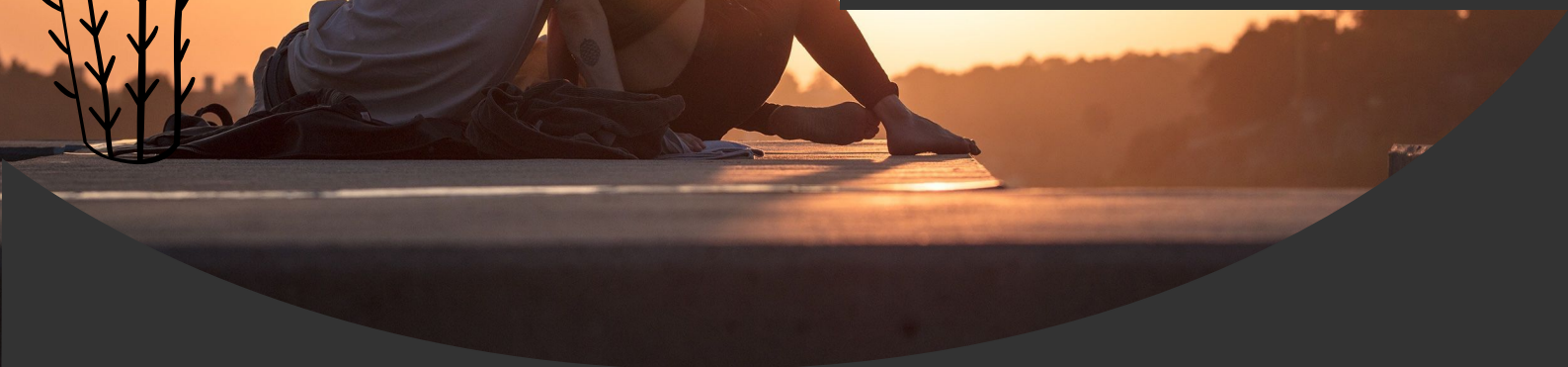
Spiritual Perspective

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. (1 Corinthians 13: 4-8)

Guys – strive to love your woman this way and you will be blessed.



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more about having a
relationship with God or
need relationship
advice, chat online with
us anytime at:
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